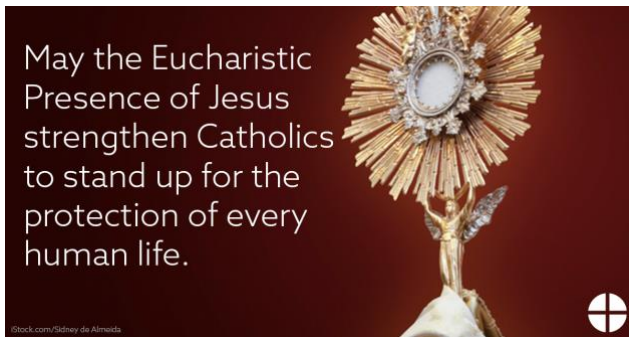


INTERCEDE



PRAY

Our Father, 3 Hail Marys, Glory Be

REFLECT

This summer we enter our third year of the National Eucharistic Revival and joyfully anticipate the profound celebration of Christ's presence among us at the National Eucharistic Congress in Indianapolis. Part of the impetus for the revival was a recent study that revealed many Catholics do not believe, or at least do not understand, that Jesus is truly present in the Eucharist, though in a hidden way.

Similarly, many in our culture do not acknowledge the dignity of human life when it is hidden in the womb. Both of these instances call for us to help others recognize these sacred gifts that are hidden. We need to help them to understand that just because something may not be apparent to our eyes does not mean that it is not there or that it is not important.

The Eucharist and the Gospel of life go hand in hand because they have the same source—Jesus himself, who is the Bread of Life. Christ gave his very flesh to give us the gift of eternal life and invites us to the most profound experience of this gift in our celebration of the Eucharist. The Eucharist has the

power to transform the depths of our hearts and the heart of our culture.

Lord Jesus, by the power of your Eucharistic Presence, help us to defend the life of every human person at every stage. Transform our hearts to protect and cherish all whose lives are most vulnerable. For you are God, with the Father and the Holy Spirit, forever and ever. Amen.

ACT (choose one)

- Offer a Rosary using these pro-life Rosary prayer intentions: uscgb.org/prayers/pro-life-rosary-prayer-intentions.
- Fast from one meal today.
- Offer some other sacrifice or prayer that you feel called to do for this month's intention.

ONE STEP FURTHER

Learn more about the National Eucharistic Revival by visiting www.eucharisticrevival.org. Explore the wide range of resources available. Choose one prayer, blog post, video, or podcast to help you grow closer to Jesus in the Eucharist.

