## A Prayer for Hope

Heavenly Father, in the sacrament of Baptism, you have given us the gift of new life. Through your son our Lord Jesus Christ and the Holy Spirit, you have made us your own.

Help us to recognize the gift of human life as a sign of hope in our world.

Reveal to us the places where your precious gift of life is most in need of protection and strengthen us to defend life in all stages and circumstances, from the child in the womb to the elderly and dying.

Guided by your Holy Spirit, guard us from discouragement and give us the grace to be messengers of hope, filled with confidence that nothing can separate us from your love.

Through Christ our Lord. Amen.

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