

INTERCEDE



May the elderly be cherished and honored in their families and society.

PRAY

Our Father, 3 Hail Marys, Glory Be

REFLECT

In 2021, Pope Francis established the celebration of the World Day for Grandparents and the Elderly. In the U.S., we observe this celebration in September, joining the Church's efforts to highlight the value and importance of grandparents and the elderly in our families and in society.

While the elderly have traditionally held places of honor in various cultures, today, elderly members of our families and communities often live lives marked by isolation and loneliness. Rather than being a beloved and integral part of a family, they are too often forgotten or overlooked. In the most tragic circumstances, some even seek to end their own lives through assisted suicide so as not to be a burden to their loved ones. Pope Francis has described this shift as a "throwaway culture" in which the weakest are neglected or worse when they are no longer of interest or "use."

As persons made in the image and likeness of God, we possess an infinite dignity that can never be compromised by age or ability. This truth must guide each of us in our responsibility to lovingly accompany those who are in greater need of our time,

care, and attention as they face their later years. Such accompaniment is of particular importance as they near the end of their lives, often enduring great sufferings as they prepare for their entrance to eternal life.

May each of us hear and respond to the plea of the elderly entrusted to our care: "Do not cast me aside in my old age; as my strength fails, do not forsake me" (Psalm 71:9).

ACT *(choose one)*

- Offer this Prayer for the Fourth World Day for Grandparents and the Elderly: bit.ly/prayer-for-grandparents.
- Take time this week to call or visit an elderly grandparent, family member, neighbor, or friend.
- Offer some other sacrifice or prayer that you feel called to do for this month's intention.

ONE STEP FURTHER

Read Pope Francis' message for the Fourth World Day for Grandparents and the Elderly, inspired by Psalm 71:9: bit.ly/do-not-cast-me-off.

DID YOU KNOW ?

The U.S. bishops approved the transfer of the celebration of World Day for Grandparents and the Elderly from July to September, the first weekend after Labor Day, to coincide with National Grandparents (and the Elderly) Day in the United States as many local communities, schools, and parishes have celebrated for some time. Pope Francis grants a plenary indulgence (under the usual conditions) to all who celebrate on September 8th.

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